# Expression of insulin-like growth factor receptor type 1 correlates with lymphatic metastases in human gastric cancer

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Most patients with gastric cancer are diagnosed at advanced clinical stages with a high frequency of lymph node metastasis. It is very important to find novel factors for the early diagnostic and prognostic evaluation of gastric cancer. It has been shown that IGF-1R activates mitotic division and inhibits apoptosis of cancer cells through the activation of signaling MAP/ERK and PI3K/Akt-1 pathways. IGF-1R plays a role in cell transformation and maintenance of the phenotype in modified cells. Moreover, an IGF-1 receptor effect influences the processes of adhesion, migration, invasion and metastasis of tumor cells. The aim of the study was to assess the expression of IGF-1R in gastric carcinoma in correlation with selected anatomo-clinical parameters.

The study enrolled a group of 49 patients treated surgically for gastric cancer. 28 patients had no lymph node metastases. The expression of the studied proteins was assessed using the immunohistochemical method.

We found that the expression of IGF-1R in gastric cancer is associated with lymph node metastasis (p < 0.001), is correlated with worse prognosis and high histological malignancy grade, and is an independent predictor of survival in patients with gastric cancer (p < 0.001).

IGF-1R may play an important role in tumor growth and metastasis via the lymphatic pathway.

Key words: cancer metastases, gastric cancer, gastric cancer metastasis, insulin-like growth factor receptor 1, IGF-1R.

#### Introduction

Gastric cancer (GC) is one of the most frequently diagnosed malignant neoplasms. Every year approximately one million new GC cases are diagnosed globally. Gastric cancer is characterized by high mortality – it is the third most common cause of death from cancer worldwide [1, 2]. The genetic bases underlying gastric tumorigenesis and progression are still largely unknown. Most patients with gastric cancer

are diagnosed at advanced clinical stages with a high rate of lymph node metastasis. Although the tumor (T) node (N) metastasis (M) stage is still the most important prognostic factor for gastric cancer, the prognosis varies among patients at the same stage. It is very important to find novel factors for the early diagnostic and prognostic evaluation of gastric cancer.

Insulin-like growth factor receptor (IGF-1R) is a transmembrane glycoprotein, a tetramer of two

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identical α-subunits and two identical β-subunits connected by disulfide bonds [3]. Structurally, IGF-1R belongs to the tyrosine kinase receptor family and resembles the insulin receptor – there is 60% homology between them. The expression of IGF-1R is regulated by steroid hormones and growth factors [4]. High levels of IGF-1 ligand act as a negative feedback signal to suppress the expression of the receptor and result in a decrease in IGF-1R [5]. Other growth factors (fibroblast growth factor, platelet-derived growth factor, epidermal growth factor) and estrogens, glucocorticoids, growth hormone, follicle-stimulating hormone, luteinizing hormone and thyroid hormones positively stimulate the expression of this receptor [4, 6]. IGF-1R activation induces signal transduction pathways: by activating protein Ras/ Raf and mitogen-activated protein kinase (MAPK) or by engaging phosphatidylinositide-3-kinase (PI3K) [4]. IGF-1R plays a role in cell transformation and maintenance of the phenotype in modified cells [7]. Moreover, IGF-1R influences the processes of adhesion, migration, invasion and metastasis of tumor cells [8, 9]. It has been shown that IGF-1R activates the mitotic divisions and inhibit apoptosis of cancer cells through the activation of signaling MAP/ERK and PI3K/Akt-1 pathways [6, 10]. Overexpression of IGF-1R has been observed in many cancers, including esophageal cancer [11], breast cancer [12], colorectal cancer [13, 14] and lung cancer [15]. Due to the important contribution of this receptor to the process of carcinogenesis and metastasis, research on using IGF-1R as a therapeutic target in oncology is being conducted [16].

The aim of the current study was to assess the expression of IGF-1R in gastric carcinoma in correlation with anatomo-clinical parameters.

# Material and methods

The study enrolled a group of 49 patients treated surgically for gastric cancer in the Department of Surgery.  $4\,\mu m$  thick sections were cut from paraffin blocks and stained with hematoxylin-eosin (HE). The routine histopathological assessment included tumor location, histological type, grade (G), stage (pTN) and the presence of metastases to local lymph nodes. Gastric carcinomas were divided according to Lauren's [17], Goseki's [18] and Kubo's [19] classifications.

#### Immunohistochemical analysis

Formalin-fixed and paraffin embedded tissue specimens were cut on a microtome into  $4~\mu m$  sections. The sections were deparaffinized in xylene and hydrated in alcohol. Antigens were exposed through citrate buffer heating (pH = 6.0) for 20 minutes and then cooled for at least 20 min at room temperature. After washing with distilled water and

with PBS buffer (pH = 7.2) tissue sections were covered for 5 min with peroxidase blocking reagent (Novolink Polymer Detection System, Novocastra) to block endogenous peroxidase, followed by an additional wash with the supplied buffer. Individual slides were then incubated for 24 hours at room temperature with anti-IGF-1R antibody (dilution 1:50), in the antibody diluent buffer. The slides were washed thrice with the buffer and then incubated with Post Primary Block (Novolink Polymer Detection System, Novocastra) for 30 min at room temperature after extensive washing with TRIS. Next incubation was performed with Novolink Polymer (30 min and washing with TRIS; Novolink Polymer Detection System, Novocastra). The color reaction was developed in DAB Chromogen (Novolink Polymer Detection System, Novocastra) according to the manufacturer's instructions. The sections were then counterstained with Meyer's hematoxylin, dehydrated, and mounted. The primary antibody solution in negative controls was substituted with a PBS buffer.

Protein expression was determined using a semiquantitative method and assessed as positive (reaction visible in > 5% of tumor cells) or negative (lack of reaction, or reaction present in < 5% of cells). Positive reactions were assessed in at least 500 cancer cells in each tissue specimen under a light microscope  $(400\times)$ .

## Statistical analysis

Statistical analysis was conducted using Fisher's test and Pearson's  $\chi^2$  test. Log-rank test (F Cox test) according to the Kaplan-Meier survival analysis approach was employed to compare the overall survival rates of patients. A p-value < 0.05 was considered statistically significant.

#### Results

#### Patient characteristics

The 49 cases were selected randomly and included all stages and histological types of gastric cancer. The patients consisted of 18 women and 31 men, and their mean age was 64 years. pT3 was found in 65.3% and in 28 patients lymph node metastases were not found. Histological grade of tumors was assessed as poorly or moderately differentiated. The study group consisted of 33 diffuse, 1 intestinal and 15 mixed histological type cancer. Patient characteristics are detailed in Table I.

#### Expression of IGF-1R in primary gastric cancer

IGF-1R positive expression in primary tumor was observed in 25 patients (51%). Statistical analysis revealed no correlation between IGF-1R expression

Table I. Patients' characteristics. Association between IGF-1R expression in primary gastric cancer and clinicopathological characteristics

Characteristics		Patients ( $N = 49$ )		IGF-1R EXPRESSION			
		N	%	(-) NEGATIVE $(N = 24)$	(+) POSITIVE (N = 25)	P <sup>#</sup> VALUE	
Age	≤ 60	19	38.78	12	7	0.114	
	> 60	30	61.22	12	18		
Median:	64					_	
Sex	Male $(n = 31)$	31	63.23	14	17	- 0.482	
	Female (n = 18)	18	36.74	10	8		
Gastric tumor location:	1/3 lower	2	4.08	1	1	0.573	
	1/3 middle	20	40.82	8	12		
	1/3 upper	27	55.1	15	12		
Depth of wall invasion:	pT1	8	16.32	2	6	0.225	
	pT2	9	18.36	6	3		
	pT3	32	65.3	16	16	_	
Lymph node metastasis*:	pN0	28	57.14	23	5	- < 0.001	
	pN1	10	20.41	1	9		
	pN2	11	22.45	0	11		
	pN3	0	0			_	
Histological grade:	(G1) well differentiated	0	0	0	0		
	(G2) moderately differentiated	25	51.02	16	9	0.031	
	(G3) poorly differentiated	24	48.98	8	16		
Lauren classification:	intestinal	1	2.04	1	0	- 0.446	
	diffuse	33	67.35	17	16		
	mixed	15	30.61	6	9		
Goseki's classification:	I	8	16.33	4	4	- - 0.998	
	II	14	28.57	7	7		
	III	8	16.33	4	4		
	IV	19	38.78	9	10	_	
Histologic type by Kubo's classification:	non-mucinous	37	75.51	18	19		
	mucinous	11	22.45	5	6	0.577	
	anaplastic	1	2.04	1	0	_	

<sup>\*</sup> N0 = 0 nodes involved; N1 = 1-6 nodes involved; N2 = 7-15 nodes involved; N3 > 15 nodes

in the main tumor mass and clinico-pathological parameters, such as age, gender, tumor location, depth of wall invasion and classifications of Lauren, Goseki and Kubo (Table I). A statistically significant relationship was observed between IGF-1R expression and grade of histological malignancy (G) (p = 0.031). According to the data presented in the table, positive IGF-1R expression was associated with moderately (9/49) and poorly (16/49) differentiated carcinoma. Positive IGF-1R expression is presented

in Fig. 1 and Fig. 2. Fig. 3 – lack of IGF-1R expression in poorly differentiated tumor G3.

Also a very significant correlation was found between local lymph node involvement (pN) and positive IGF-1R expression (p < 0.001). Positive IGF-1R expression in the main mass of the tumor was detected in as many as 95.23% (20/21 cases) of patients with lymph node involvement (N1 + N2). Only 5/49 tumors had positive expression of IGF-1R and were free of lymph node metastases.

<sup>#</sup> Pearson's  $\chi^2$  test was performed. Significant values (p < 0.050) are shown in bold

Table II. Association of IGF-1R expression in primary tumor and lymph node metastasis. \*

IGF-1R EXPRESSION IN PRIMARY TUMOR	IGF-1R expression in lymph node metastasis, n (%)			
	NEGATIVE ( $N = 31$ )	POSITIVE ( $N = 18$ )		
negative (n = 24)	11 (24.44)	13 (24.44)		
positive (n = $25$ )	20 (40.00)	5 (11.11)		

<sup>\*</sup> Pearson's  $\chi^2$  test was performed to determine the statistical significance of relationships between IGF-1R expression in primary tumor and lymph node metastasis; b = 0.013

# Association of IGF-1R expression in primary tumor and in lymph node metastasis

Expression levels of IGF-1R in lymph node metastases were negatively correlated with those in the primary tumors and this association was statistically significant (p = 0.013; Table II). Positive expression in primary tumor is associated with lack of or weak reaction in lymph node metastasis. Only 5/25 patients also had positive IGF-1R expression in the tumor main mass and regional lymph node metastasis.

### Overall patient survival analysis

Patients' survival rate showed lack of correlation with IGF-1R expression (p = 0.286) (Fig. 4). There was no significant difference in overall survival rates between the patients with positive IGF-1R expression in the primary lesion and those with negative IGF-1R expression (p = 0.286).

#### Discussion

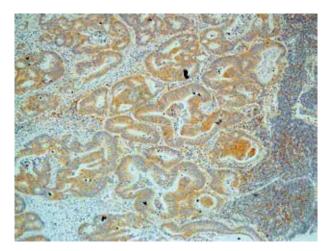
Overexpression of IGF-1R has been reported in many human cancers [11-15]. In the literature it has been shown that this receptor plays an important role in cancer cell transformation, tumor cell survival and development [6, 20, 21]. Furthermore, it has been observed that the blockage of IGF-1R inhibits tumor development by reducing tumor angiogenesis and lymphangiogenesis [22], which suggests a potential novel target in therapeutic applications in gastrointestinal malignancies. In our study we investigated expression of the IGF-1 receptor in primary gastric cancer and lymph node metastases. As revealed by statistical analysis, positive IGF-1R expression is strongly associated with metastases to local lymph nodes and their extent, which seems to confirm earlier findings. Ge et al. [23] in an immunohistochemical study, found that IGF-1R positive expression was correlated with lymph node metastases. In their study, expression of IGF-1R in cases with a greater number of involved lymph nodes (N1, N2, N3) was weaker than in patients with N0. They also noted a significant correlation of IGF-1R expression in the primary tumor with tumor size, location, depth of wall invasion, TNM stage and differentiation status. Also in our study a significant correlation between IGF-1R expression in the tumor main mass and histologic grade of cell differentiation was observed. We noted positive IGF-1R expression in tumors with high malignancy grade: G3 and G2 – poorly and moderately differentiated cancer cells, respectively. These observations may suggest that the tendency of IGF-1R expression in tumors with high and moderate malignancy grades may be related to gastric cancer spread via the lymphatic pathway.

Jiang et al. [8] obtained similar results associating the role of IGF-1R with local lymph node metastases. Moreover, they analyzed the association between IGF-1R expression and expression of transcription factor Sp1, which can transactivate the IGF-1R gene promoter region [24]. In their study, the positive IGF-1R expression also positively correlated with Sp1 expression. In patients with strong Sp1 expression, the tumors might be more likely to have stronger IGF-1R expression. Based on statistical analysis, the authors also showed that expression levels of IGF-1R in lymph node metastases were correlated with those in the primary tumors (p = 0.005). Our results also confirm those observations. We noted that expression in primary gastric tumor negatively correlated (p = = 0.013) with results of IGF-1R expression in involved lymph nodes.

Despite the association of IGF-1R expression with tumor grade and status of lymph node metastases, no research has shown an important correlation between degree of expression and impact on overall survival. Ge *et al.* [23], Jiang *et al.* [8] and Matsubara *et al.* [25] described a trend of reduced survival in patients with strong positive IGF-1R expression, but it was not statistically significant. Our results of the survival curve of patients with gastric cancer in dependence of IGF-1R expression also did not clearly prove any important influence on median survival duration.

#### **Conclusions**

In summary, we have shown that expression of IGF-1R in gastric cancer is associated with lymph node metastasis and is correlated with a high histological differentiation grade. Based on literature reports and our own data, IGF-1R may play an important role in tumor growth and metastasis via the lymphatic pathway. Analysis of expression directly



**Fig. 1.** Positive IGF-1R expression in moderately (G2) differentiated gastric cancer

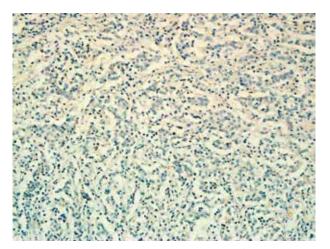


Fig. 3. Negative IGF-1R expression in poorly (G3) differentiated gastric cancer

in primary tumor tissue in our study group did not clearly prove any important influence on median survival duration, but increasing the number of patients could provide new conclusions. It seems useful to investigate this protein as an early indicator of poor prognosis in gastric cancer patients which can inform about potential high risk of metastasis development – but this requires further study in a large patient group. It also may serve as a novel therapeutic target for cancer cells.

The authors declare no conflict of interests.

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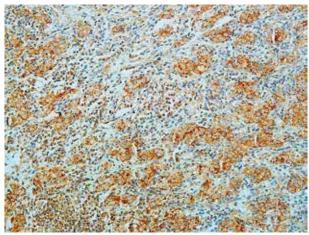


Fig. 2. Positive IGF-1R expression in poorly (G3) differentiated gastric cancer

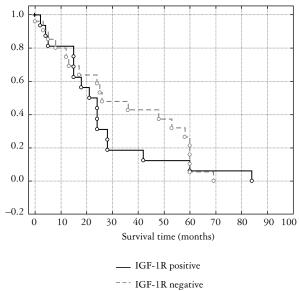


Fig. 4. Survival curve of patients with gastric cancer depending on IGF-1R expression (p=0.286)

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