

ORIGINAL PAPER

CANDIDA ALBICANS ALCOHOL DEHYDROGENASE 1 GENE IN ORAL DYSPLASIA AND ORAL SQUAMOUS CELL CARCINOMALAYLA HAFED¹, HEBA FARAG¹, DALIA EL-ROUBY¹, OLFAT SHAKER², HEBAT-ALLAH SHABAAN³¹Department of Oral and Maxillofacial Pathology, Faculty of Dentistry, Cairo University, Egypt²Department of Biochemistry and Molecular Biology, Faculty of Medicine, Cairo University, Egypt³Department of Cancer Pathology, National Cancer Institute, Cairo University, Egypt

This study was designed to examine the prevalence of *Candida albicans alcohol dehydrogenase 1 (CaADH1)* gene in oral dysplasia as well as oral squamous cell carcinoma (OSCC) with and without lymph node metastasis (LNM) using reverse transcription polymerase chain reaction (RT-PCR) in order to determine its role in initiation, propagation and metastasis of oral dysplasia and carcinoma. Formalin-fixed paraffin-embedded specimens were grouped into four groups: 7 control, 16 oral dysplasia, 16 OSCC without LNM and 15 OSCC with LNM. All specimens were examined by periodic acid Schiff (PAS) stain to detect *Candida* hyphae, while *CaADH1* gene was detected using RT-PCR. *Candida* hyphae were detected by PAS stain in one specimen of oral dysplasia group, 5 OSCC without LNM and 5 OSCC with LNM. *CaADH1* gene was detected in 29 specimens (one case of severe dysplasia, 16 OSCC without LNM and 12 OSCC with LNM), with a highly statistically significant between the groups. *CaADH1* gene is associated with OSCC with and without metastasis whereas in oral dysplasia it could not be estimated. Further studies with larger sample size are needed to confirm the role of *CaADH1* in oral dysplasia and OSCC.

Key words: *Candida albicans*, alcohol dehydrogenase 1, oral dysplasia, oral carcinoma.

Introduction

Oral dysplasia and oral squamous cell carcinoma (OSCC) have various risk factors as tobacco smoking/chewing, alcohol intake, *Candida albicans* and *human papilloma virus* infection [1].

The association of oral leukoplakia with *Candida* was first reported by Jepsen and Winther [2] and since then various hypotheses related to the role of *Candida* in oral dysplasia and cancers were widely discussed [3]. Low socioeconomic status, poor oral health and nutritional deficiency all are associated with the risk of oral cancer and *Candida* infection [1, 4].

Alcohol dehydrogenase is a family of enzymes responsible for the production of acetaldehyde i.e. involved in acetaldehyde metabolism which is linked to carcinogenesis. *Candida albicans* is one of the agents responsible for the conversion of alcohol into acetaldehyde intra-orally through *Candida albicans alcohol dehydrogenase 1 (CaADH1)* mRNA gene [5, 6].

Studies that evaluated the potential role of *Candida* and *CaADH1* mRNA in initiation and progression of oral dysplasia and OSCC as well as the metastasis of OSCC are relatively rare. Therefore, the current study was conducted to examine the prevalence of *CaADH1* mRNA in oral dysplasia as well as OSCC with and without lymph node me-

tastasis (LNM) in order to determine its role in initiation, propagation and metastasis of oral squamous cell carcinoma.

Material and methods

Specimens collection

Being a retrospective study using archival blocks, this work was approved by the Ethical committee of Faculty of Dentistry, Cairo University.

Fifty four archival formalin fixed paraffin embedded (FFPE) blocks were collected between 2011 and 2015 from the Oral and Maxillofacial Pathology Department, Faculty of Dentistry; General Pathology Department, Faculty of Medicine and Surgical Pathology Department, National Cancer Institute, Cairo University and they were grouped as follows: 7 control specimens of normal gingiva taken after gingivectomy for esthetic reasons (Group A), 16 specimens of oral dysplasia (Group B), 16 specimens of OSCC without LNM (Group C) and 15 specimens of OSCC with regional LNM (Group D).

The clinical information (age, gender and site) were obtained retrospectively from clinical records supplied with specimens and presented in Table I. Specimens documented as white lesions were only included in this study.

Hematoxylin and eosin stained sections were prepared from the paraffin blocks and were examined using the light microscope for confirmation of the diagnosis and grading according to the WHO grading systems [1]. Oral dysplasia group (group B) consisted of 9 mild, 3 moderate and 4 severe dysplasia. While OSCC without LNM group (group C) included 3 well, 8 moderately and 5 poorly differentiated OSCC where OSCC with LNM group (group D) included 4 well, 5 moderately and 6 poorly differentiated OSCC.

From each paraffin-embedded tissue block, two sections (4 μm thickness) were cut on conventional glass slides for PAS stain.

For reverse transcription polymerase chain reaction (RT-PCR), five sections (5 μm thick) were prepared from each FFPE block and immediately placed in 1.5 ml microcentrifuge tubes saved in 4°C refrigerator.

PAS Stain

Sections were deparaffinized and hydrated. Then oxidized in 0.5% periodic acid solution and rinsed in distilled water. After that sections were placed in Schiff reagent then washed in water. Finally, sections were counterstained in Mayer's hematoxylin. A positive control slide (purchased from American Master-

Tech Scientific Laboratory Supplies, USA) underwent the PAS stain procedure to ascertain the validity of PAS stain kit and accuracy of the technique.

Specimens processing for RNA extraction

Specimens were deparaffinized in xylene and washed with 100% ethanol and incubated in 240 μl PKD buffer. Ten μl proteinase was added to the previous mixture and mixed gently by pipetting up and down, then incubated in heating block at 56°C for 15 minutes, then at 80°C for 15 minutes to digest *Candida* cell walls. Tubes were incubated on ice for 3 minutes, then centrifuged for 15 minutes at 12,500xg. The supernatants were then transferred to a new microcentrifuge tube without distortion of the pellet. RNeasy FFPE kit (Qiagen, USA) was used to extract the RNA from the specimens following the manufacturer's instructions. The extracted RNA was treated with DNase I solution to eliminate the residual of DNA in the RNA.

cDNA synthesis and RT-PCR

The reverse-transcription master mix was prepared using quantiscript reverse transcriptase, quantiscript RT buffer, RT primer mix (Qiagen, USA). Template RNA (14 μl) was added to each tube containing reverse-transcription master mix, mixed and then stored on ice. The mixture was incubated for 15 min at 42°C in the thermal cycler (Biometra, USA). Then the mixture was incubated in thermal cycler for 3 min at 95°C to inactivate reverse transcriptase. Twelve and half μl of Top Taq was added to 3 μl *CaADH1*RT-PCR F primer sequence (5'-3'), (CACTCACGATGGTTCATTCG), (10 Pmol), 3 μl *CaADH1*RT primer sequence (5'-3'), (AAGATGTGCGACATTGG) [5], (10 Pmol), 1.5 μl cDNA, then the mixture was vortexed in a total volume of 2.5 μl . Samples were put in thermal cycler for 95°C for 5 minutes (for separation of the strands), then 35 cycles of 94°C for 30 seconds, 51°C for 30 seconds (for annealing), 72°C for 60 second (for extension), then samples were put in 72°C for 10 minutes for long extension. Five positive control sections of 5 μm thickness each were scratched from the positive control slides and underwent the previous technique in comparison to the marker (100 bp) and study groups and had successfully ascertained the technique.

Statistical analysis

Data were statistically described in terms of frequencies (number of cases) and percentages. Comparison between the study groups was done using χ^2 test. Exact test was used instead when the expected frequency is less than 5. Within group comparisons were done using McNemar test.

Table I. Clinical data for all specimens of the patients

CODE	AGE (YEARS)	GENDER	SITE
A1	70	M	Gingiva
A2	41	F	Gingiva
A3	49	M	Gingiva
A4	47	M	Gingiva
A5	35	M	Gingiva
A6	30	F	Gingiva
A7	39	F	Gingiva
B1	49	M	Hard palate
B2	37	M	Tongue
B3	31	M	Tongue
B4	55	M	Cheek
B5	47	F	Gingiva
B6	40	M	Hard palate
B7	35	F	Cheek
B8	50	M	Hard palate
B9	36	F	Hard palate
B10	36	M	Floor of the mouth
B11	62	M	Tongue
B12	53	F	Lip
B13	51	F	Tongue
B14	19	M	Lip
B15	56	M	Tongue
B16	88	F	Cheek
C1	55	F	Gingiva
C2	54	F	Gingiva
C3	56	M	Soft palate
C4	61	M	Tongue
C5	58	F	Hard palate
C6	57	M	Tongue
C7	40	M	Tongue
C8	47	F	Tongue
C9	50	M	Cheek
C10	45	F	Tongue
C11	34	F	Lip
C12	63	M	Tongue
C13	69	M	Lip
C14	36	F	Tongue
C15	60	M	Hard palate
C16	70	M	Soft palate
D1	65	M	Tongue
D2	64	M	Cheek
D3	45	F	Tongue
D4	70	M	Lip

Table I. Cont.

CODE	AGE (YEARS)	GENDER	SITE
D5	65	M	Tongue
D6	52	M	Cheek
D7	50	F	Cheek
D8	45	F	Tongue
D9	57	M	Gingiva
D10	53	M	Lip
D11	70	F	Cheek
D12	43	M	Cheek
D13	50	F	Cheek
D14	45	F	Tongue
D15	49	M	Hard palate

A – specimens of control group; B – specimens of oral dysplasia group; C – specimens of oral squamous cell carcinoma without lymph node metastasis group; D – specimens of oral squamous cell carcinoma with lymph node metastasis group; M – male; F – female

Results

PAS stain

Candida hyphae were detected in FFPE specimens stained magenta by PAS staining, whereas other negative tissue appeared blue. *Candida* was detected in the superficial layers and penetrated deeper into the epithelium and connective tissue. Only 11 specimens (20.3% of all studied specimens) were positive by PAS stain among the whole studied specimens. One severe oral dysplasia (Figs. 1, 2). Five OSCC without LNM and five OSCC with LNM. *Candida* hyphae were recognized between the invading malignant epithelial cells located deep in the connective tissue in a well and poorly differentiated OSCC specimens (Figs. 3, 4). All control specimens (group A) were negative. The Chi-square test revealed that the difference was not statistically significant within the different studied groups. Moreover, pairwise comparisons using Fisher Exact test did not show any statistically significant difference. Summary of results for all specimens is shown in Table II.

RT-PCR

Candida albicans ADH1 mRNA gene was detected in 29 specimens (53.7% of whole studied specimens). The same positive severe dysplasia specimen stained by PAS, sixteen OSCC without LNM and twelve OSCC with LNM, whereas all control specimens were negative for the *CaADH1* mRNA gene (Figs. 5-7).

The χ^2 test revealed that the difference in the expression of *CaADH1* mRNA in different groups was

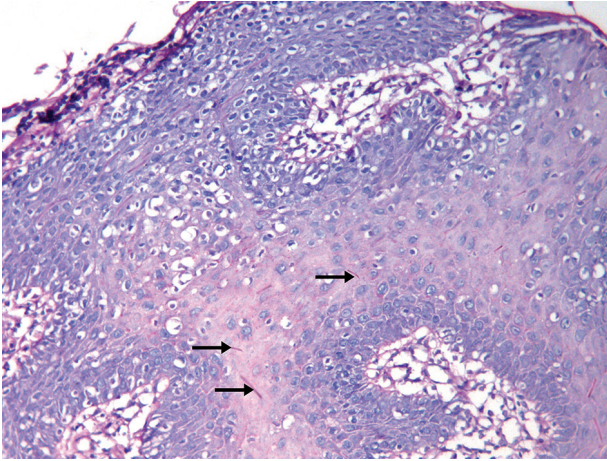


Fig. 1. A photomicrograph of PAS *Candida* positive specimens for severe dysplasia showing few *Candida* hyphae invading the oral epithelium demonstrated by the magenta color (black arrows), ($\times 200$)

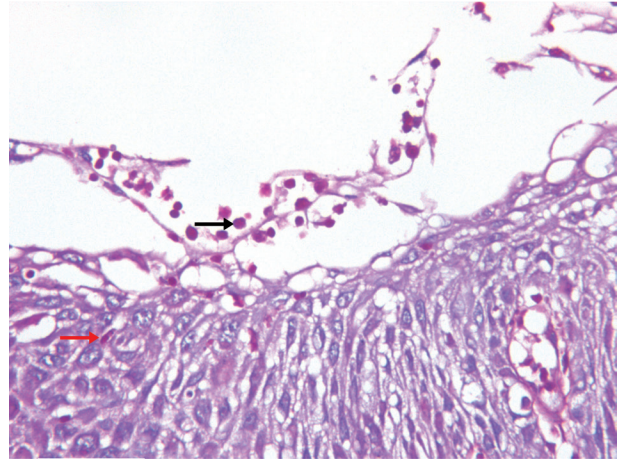


Fig. 2. A photomicrograph of PAS *Candida* positive specimens for severe dysplasia showing *Candida* spores in the superficial layer of the epithelium (black arrows). Some of the spores grew to pseudohyphae (red arrow), ($\times 200$)

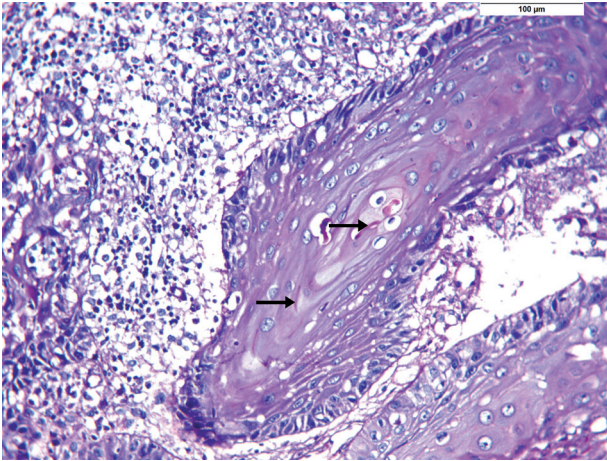


Fig. 3. A photomicrograph of PAS *Candida* positive specimens for a well differentiated oral squamous cell carcinoma; hyphae are demonstrated by the magenta color (black arrows), ($\times 200$)

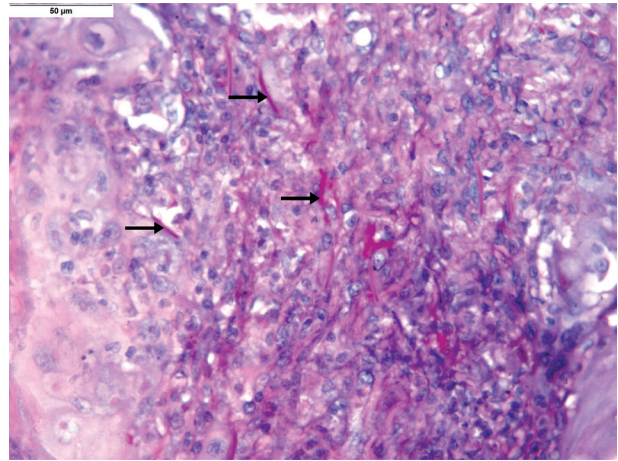


Fig. 4. A photomicrograph of PAS *Candida* positive specimens for a poorly differentiated oral squamous cell carcinoma where hyphae are demonstrated by the magenta color (black arrows), ($\times 400$)

highly statistically significant ($p < 0.0001$). Pairwise comparisons revealed a statistically significant difference between control and OSCC without LNM as well as OSCC with LNM ($p < 0.0001$). Similarly, Fisher Exact test revealed a statistically significant difference between oral dysplasia and OSCC without LNM as well as OSCC with LNM ($p < 0.0001$). However, there was no significant difference between control and dysplasia, nor between OSCC with and without LNM regarding, the RT-PCR findings. Summary of results for all specimens is shown in Table II.

The significance of difference in PAS stain and RT-PCR positivity according to age, gender, site and histopathological grading for all groups revealed a non-significant difference.

Discussion

Persistent mucosal colonization with bacteria, viruses and yeasts have been postulated to induce cancer by triggering cell proliferation, inhibiting apoptosis, interfering with cellular signaling pathways and up-regulating tumour promoters [7].

An association between fungal infection especially *Candida albicans* and oral cancer has long been discussed in the literature however the exact mechanisms by which *Candida albicans* share in OSCC developing still require much research. It may promote cancer development, progression and metastasis through its ability to produce carcinogens (e.g. nitrosamines, acetaldehyde) [8, 9, 10, 11].

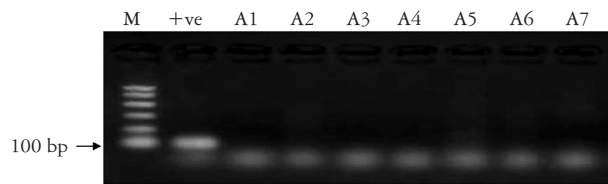


Fig. 5. Detection of *CaADH1* mRNA in FFPE control specimens by RT-PCR (Group A). All samples are negative. (Lane M was used for marker size 100 bp and lane +ve for a positive control specimen)

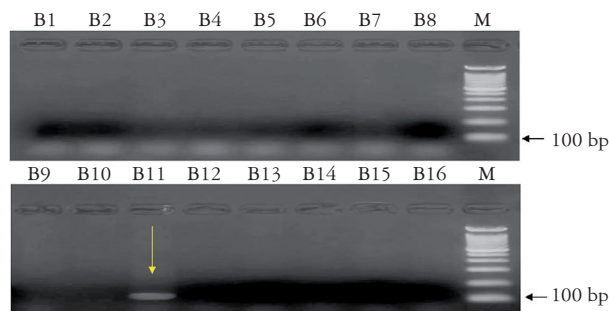


Fig. 6. Detection of *CaADH1* mRNA in FFPE oral dysplasia (Group B) by RT-PCR. Lane B11 showing a band at the same level of the marker (yellow arrow). All other lanes of group B samples are negative. (Lane M was used for marker size 100 bp)

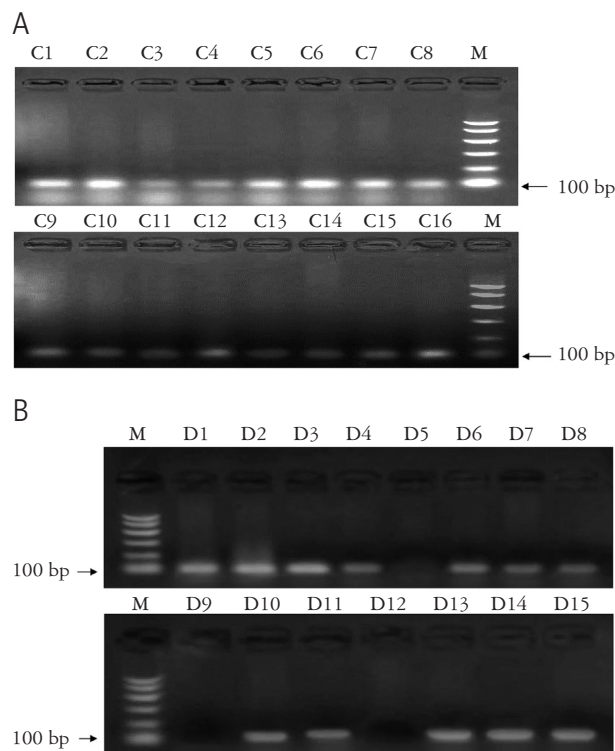


Fig. 7. Detection of *CaADH1* mRNA in FFPE specimens of (A) oral squamous cell carcinoma without LNM (Group C) by RT-PCR. All lane of group C samples are positive (B) oral squamous cell carcinoma with LNM (Group D) by RT-PCR. All lanes of group D samples are positive except lane D5, D9 and D12 are negative. (Lane M was used for marker size 100 bp)

Many techniques have been used to detect *Candida* colonies. Kumar *et al.* [12] used various laboratory tests such as culture, germ tube test, carbohydrate fermentation test, Papanicolaou (PAP) and Calcofluor-White (CFW) staining as cytopathological techniques, in addition to tissue sections were stained by PAS and CFW staining. In addition, Bakri *et al.* [5] used PAS stain, immunohistochemistry and RT-PCR to detect *Candida albicans* and *CaADH1* mRNA gene.

In the present study, investigation of the *Candida* and *CaADH1* mRNA gene prevalence was performed using PAS stain and RT-PCR, respectively. Although using PAS stain to detect *Candida* in a FFPE samples is less expensive and easier in comparison to the other mentioned techniques, it could not differentiate *Candida albicans* from other yeast species and it can give false positive and negative results [13]. Detection of *Candida albicans* specific genes as *CaADH1* mRNA by RT-PCR is more expensive and complicated but it is more sensitive, in addition to its ability to detect the exact *Candida* species and the exact carcinogenic gene [5].

Our cases were chosen based on many studies that suggested the role of *Candida albicans* in oral dysplasia and OSCC. Therefore, the studied specimens were divided into oral dysplasia and OSCC which was furtherly subdivided into OSCC without and with LNM in order to focus on the effect of *Candida albicans* infection in the metastatic potential based on the finding of Rodríguez-Cuesta *et al.* [14] who reported that *Candida albicans* enhance melanoma metastasis into the liver both at early and late stages of the metastatic process. The effect of *Candida albicans* on promoting metastasis seems to be based on an inflammatory process, the role of *Candida albicans* in tumor adhesion and metastasis has been linked to pro-inflammatory cytokines as TNF- α and IL-18. Metastasis is also mediated by an increase in adhesion-molecule expression [14, 15].

Despite the fact that *Candida albicans* is considered as a commensal organism in normal oral cavity and many studies reported that the oral carriage of *Candida* infection could be ranged between 30–45% in the general healthy (non-symptomatic) population [16], all the control specimens included in this study were negative by PAS stain and RT-PCR, this finding was in line with Bakri *et al.* [5].

The present work revealed *Candida* hyphae infection by PAS stain in only one case of the oral dysplasia group. This is nearly similar to the results obtained by Bakri *et al.* [5] who reported only two positive specimens from ten oral dysplastic leukoplakia specimens examined by PAS stain and along with Wu *et al.* [17] in their retrospective cohort study which investigated the clinicopathologic features of *Candida* infection in biopsies from patients with premalignant oral leukoplakia and reported that the prevalence

Table II. Pairwise comparison between groups

COMPARED GROUPS	PAS	RT-PCR
Control vs. oral dysplasia	1 ^{ns}	1 ^{ns}
Control vs. OSCC without LNM	0.272 ^{ns}	< 0.0001*
Control vs. OSCC with LNM	0.135 ^{ns}	< 0.0001*
Oral dysplasia vs. OSCC without LNM	0.172 ^{ns}	< 0.0001*
Oral dysplasia vs. OSCC with LNM	0.083 ^{ns}	< 0.0001*
OSCC without LNM vs. OSCC with LNM	1 ^{ns}	0.101 ^{ns}

PAS – periodic acid Schiff; RT-PCR – reverse transcription polymerase chain reaction; OSCC – oral squamous cell carcinoma; LNM – lymph node metastasis; NS – non-significant.

* statistically significant at confidence level 95%.

of PAS positive candidal infection in 396 biopsies was 15.9%. This low prevalence of *Candida* in oral dysplasia implies that it does not play a role in carcinogenesis initiation. Kumar *et al.* [12] detected *Candida* hyphae in 15 of the 45 PAS stained oral dysplastic specimens (33%). This value is remarkably higher than that recorded by the current study and may be attributed to subjectivity of the technique, where examiners may differ in their interpretation of the histological findings related to *Candida* hyphae leading to false positive results.

Results of the present study showed *Candida* infection in 31% of the 16 OSCC without LNM specimens and in 33% of the 15 OSCC with LNM specimens examined by PAS stain. This is nearly similar to results obtained by Jahanshahi and Shirani [13] who detected the *Candida* hyphae by PAS stain in only 25 of 100 OSCC specimens (25%), however, they detected *Candida* infection in 76 of 100 OSCC (76%) of the same studied cases by fluorescence staining. The prevalence of PAS positivity in OSCC in the current study is higher than that reported by Sanketh *et al.* [11] who detected *Candida* in only 10 out of 100 OSCC examined with CFW stain, in contrast to Kumar *et al.* [12] who detected *Candida* by PAS stain in 19 of 45 oral cancer specimens (42%).

This controversy in results of PAS stain for FFPE specimens points out to the significance of the plan of section cuts in detecting *Candida* by PAS staining and emphasizes the importance of serial sectioning to properly examine oral specimens for *Candida* hyphae. Another considerable problem is the observer's uncertainty about the positive or negative *Candida* presentation because of the morphological properties of the *Candida* which make it appear as rod-shaped bacteria in pink to reddish color or as collagen fibers aggregated to form short bundles. Moreover, in the epithelium itself, the existing keratin has high similarity to *Candida* hyphae. Therefore, the PAS staining is not a very reliable procedure to study and determine the presence or absence of fungi, because it involves many false positive and false negative results. More-

over, the experience of the examiner highly affects the reliability and repeatability of PAS findings [5, 13].

By using RT-PCR to detect *CaADH1* mRNA gene expression, only one oral dysplasia specimen was positive, a finding almost identical to that found by Bakri *et al.* [5] who detected two positive specimens out of the 10 oral dysplastic leukoplakia. In coincidence, the same oral dysplastic specimen that was positive for *Candida* hyphae by PAS was also positive for *CaADH1* mRNA. This is identical to the results obtained by Bakri *et al.* [5] who reported that the same two dysplastic specimens that were positive by PAS were also positive by immunocytochemistry and RT-PCR. This similarity in results between the PAS staining and RT-PCR suggests that the *Candida* species present in the specimens was *Candida albicans*.

In the current study, the low prevalence of *CaADH1* mRNA detected by RT-PCR and *Candida* hyphae and spores detected by PAS stain in oral dysplasia specimens can be explained by the favorable patient's overall status that does not increase its predisposition to *Candida* infection.

To the extent of our knowledge this is the first study of *CaADH1* mRNA gene prevalence in OSCC without and with LNM. In the current work, *CaADH1* mRNA gene expression was observed in 16 specimens of OSCC without LNM and 12 specimens of OSCC with LNM. This finding was quite surprising since the patients having OSCC routinely receive antifungal treatment for *Candida* before the excisional biopsies. The high prevalence of *CaADH1* mRNA detected in OSCC, may be explained by notion of Fox and Nobile [18] that *Candida albicans* biofilms are resistant to standard antifungal treatments. This drug resistance can be attributed to the fact that biofilms provide physical protection against drug penetration. Moreover, the biofilm cells themselves are intrinsically resistant to treatment [18].

Our results showed high *CaADH1* mRNA gene prevalence in the specimens of OSCC with LNM. This finding is in line with Rodríguez-Cuesta *et al.* [14] who reported that *Candida albicans* significantly

increased metastasis of melanoma to liver. However, statistical analysis revealed that the difference in the prevalence of *Candida* infection was not significantly different when comparing OSCC with and without LNM.

However, the discrepancy in results between PAS and RT-PCR in OSCC without and with LNM may be explained by the possibility that the species of *Candida* present in the samples detected by PAS were not *Candida albicans* which is detected specifically by RT-PCR. Moreover, *Candida albicans* do not always have the carcinogenic *CaADH1* mRNA gene. In addition, the plan of sections may affect the detection of the yeast, as stated before [5].

The non-significant difference of PAS stain and RT-PCR positivity according to age, gender, site and histopathological grading for all groups is attributed to the small sample size. And because of inadequate medical history reporting, one of the limitations of this study is that it can not be confirmed whether the candidal infection observed in the studied specimens is related to a previous procedure such as incisional biopsy or therapeutic interventions as chemotherapy. Therefore, it can not be concluded whether *Candida* arised spontaneously or as a consequence of a previous intervention. Consequently, the primary or secondary role of *Candida albicans* could not be determined at all times.

In many developing countries, patients may not come to attention to cancer diagnosis at all, either because of fear or the inability of poor people to access hospital services. Data may be even more unreliable because follow-up, even of treated cases, is impossible in many developing countries and there is limited international standardization with regard to the categories for cause of death recorded in the death certification [19]. For that correlation with smoking habits, alcohol consumption, oral hygiene, immunocompromised state, disability and follow-up status were missed in reports.

In conclusion, *CaADH 1* gene was associated with oral squamous cell carcinoma with and without metastasis whereas in oral dysplasia it could not be estimated. A role of it could not be detected in the initiation of oral dysplasia. However, it may be involved in progression and metastasis of oral squamous cell carcinoma. Further studies with larger sample size with clinical parameters are needed to confirm its role in pathogenesis of oral dysplasia and cancer.

The authors declare no conflict of interest.

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